
PROTEIN MIX RECIPE

Vegetable Macaroni

SERVES: 2

INGREDIENTS:

- 200g boiled Macaroni
- DJ&A Protein Mix
- 50g Carrot
- 50g Red Cabbage
- 50g White Cabbage
- 20g chopped Onion
- 200g Macaroni Sauce of your choice
- Salt/Pepper



METHOD:

STEP 1. Boiled macaroni as shown package.

STEP 2. Heat up 2 tablespoon oil, sauté onion, red and white cabbage and carrots.

STEP 3. Cook vegetable until soft, add sauce, cook for another 5 minutes.

STEP 4. Add boiled macaroni and mix well. Season with salt and pepper.

STEP 5. Add DJ&A protein mix, and serve hot.