
FRIUTY PANCAKE RECIPE

INGREDIENTS:

SERVES: 2

- 1 x 50g packet of DJ&A Fruity Crisps Whole Strawberries
- 1 1/2 cups (375ml) Buttermilk
- 2 tsp Pure Vanilla Extract
- 2 large Eggs
- 2 cups (240g) Plain Flour
- 1/2 cup (100g) White Sugar
- 2 tsp Baking Powder
- 1 tsp Baking Soda
- 1/2 tsp Salt
- Couple of knobs of Butter for greasing pan
- To serve: Maple Syrup, Fresh Berries and Greek Yoghurt



METHOD:

STEP 1. Cook barley in saucepan with water and salt, once soft strain water.

STEP 2. In saucepan sauté chopped onion and garlic, add tomato pasta sauce and vegetable stock. Cooked for 2 min.

STEP 3. Add cooked barley, mix herb, and chopped basil.

STEP 4. Season with salt and pepper.

STEP 5. Add nutritional yeast and DJ & A crispy veggie, mix well, and serve.